

Kathy Manizza  
145 Gates Rd  
Lebanon, CT 06249  
HB 5537

March 13, 2014

Dear CT PHC Testimony,

Dear Senator Gerratana, Representative Johnson, and esteemed members of the Public Health Committee:

I write to ask you to strongly support and vote in the affirmative to add bill language for the modernization of the CT Naturopathic physician scope of practice to HB 5537. The language needs to be attached to this bill so it can come before the Public Health Committee for consideration. This Naturopathic scope of practice law is 90 years old and has not kept pace with the significant advances in education and training of Naturopathic doctors in the ensuing decades.

Naturopathic medicine has tremendously increased the quality of my life. As a coach, my livelihood depends on being physically fit, healthy, and strong. As I have aged (I'm 56), this has become challenging at times, but with the help of my wonderful/caring naturopath, I have been able to overcome many of the physical and emotional challenges. I have adjusted my diet, included nutritional and hormonal supplements, and learned to adapt to the stresses of my career. Without my naturopaths regular care and assistance, I doubt that I would have been able to continue my career as a full time coach at a state University. I would like to see naturopathic medicine taken more seriously and for these wonderful doctors to be able to perform to the fullest of their ability and immense knowledge.

Thank you for your support and consideration.

Sincerely,  
Kathy Manizza